



Middle Childhood Ages 5-8 Early Elementary School



- ✓ During this stage both positive and negative feelings begin to develop about their body and the bodies of others.
- ✓ Reinforce that bodies are different in size, shape and colors and that it is normal for your body to change as you get older.
- ✓ They are hearing about sexually transmitted diseases, HIV/AIDS, pregnancy and other issues from friends and television.
- ✓ Correct names should be reinforced, i.e., girls and women have a vulva, clitoris, vagina, uterus, and ovaries and boys and men have a penis, scrotum and testicles.
- ✓ They should know how a woman gets pregnant; men and women have reproductive organs that allow them to have a child, and reproduction requires both a man and a woman.
- ✓ Reproduction occurs through sex, or intercourse, which is when the man places his penis inside the woman's vagina.
- ✓ A man cannot become pregnant.
- ✓ Explain how the fetus grows inside a woman's body. A baby grows inside of a woman's uterus and babies usually come out of a woman's body through an opening called a vagina.
- ✓ Use your own experience as a parent as a teaching method.
- ✓ Keep talking to your children even if they are not asking questions.

